

Volition And Personality

Volition and Personality Why People Do the Things They Do Handbook of Motivation
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a unique and comprehensive book by leading researchers looking at motivation and volition
how can we motivate students patients employees and athletes what helps us achieve our
goals improve our well being and grow as human beings these issues which relate to
motivation and volition are familiar to everyone who faces the challenges of everyday life
this comprehensive book by leading international scholars provides integrative
perspectives on motivation and volition that build on the work of german psychologist
julius kuhl the first part of the book examines the historical trail of the european and
american research traditions of motivation and volition and their integration in kuhl s
theory of personality systems interactions psi the second part of the book considers what
moves people to action how needs goals and motives lead people to choose a course of
action motivation the third part of the book explores how people once they have
committed themselves to a course of action convert their goals and intentions into action
volition the fourth part shows what an important role personality plays in our motivation
and actions finally the fifth part of the book discusses how integrative theories of
motivation and volition may be applied in coaching training psychotherapy and education
this book is essential reading for everyone who is interested in the science of motivating
people

integrating significant advances in motivation science that have occurred over the last two

decades this volume thoroughly examines the ways in which motivation interacts with social developmental and emotional processes as well as personality more generally the handbook comprises 39 clearly written chapters from leaders in the field cutting edge theory and research is presented on core psychological motives such as the need for esteem security consistency and achievement motivational systems that arise to address these fundamental needs the process and consequences of goal pursuit including the role of individual differences and contextual moderators and implications for personal well being and interpersonal and intergroup relations

covers topics in philosophy psychology and scientific methods vols 31 include a bibliography of philosophy 1933

in this book the great burmese philosopher monk ledi sayadaw covers the paramis practised by a bodhisatta the five aggregates the four noble truths dependent origination and nibbana an inspiring and intellectually astute work geared to the practice of insight meditation it was written in response to a letter from a lay follower posing ten questions on important points of buddhist teaching the work begins with an explanation of the theravada conception of the bodhisatta the aspirant to supreme buddhahood and of the ten perfections a bodhisatta must fulfil to reach perfect enlightenment the author then launches out into a detailed exploration of the five aggregates that make up human existence he also gives coverage to the four noble truths dependent origination the five kinds of maras and the nature of nibbana again and again the sayadaw impresses on his readers the need to take up the practice of the dhamma in full earnestness not remaining content with mere deeds of merit but striving along the path of insight meditation that leads to realization of the goal

includes section reviews of recent theological literature

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